

## THE COURSE WILL COVER:

- I. Personal development and discipleship
- II. Practical contemplative listening skills of the spiritual director
- III. Spiritual discernment
- IV. Basic understanding of human development and the recognition of different stages on the way, to include specialist areas such as bereavement, sexuality, the dying, referral, masculine/feminine spirituality, models of spiritual growth
- V. Psychology and ethics involved in the process of spiritual directing
- VI. Biblical and theological roots of spiritual direction, a history of its practice, and experience of the ways of prayer developed from differing traditions

## THE COURSE TEAM:

Ann Morris

Anne Solomon

Jennie Barrow

Siobhan Smith

## CONSULTANT TO THE COURSE TEAM

Olivia Graham, Archdeacon of Berkshire

## APPLICATIONS

Application forms will be available at the Taster Day or from our administrator Deborah Curram who can be contacted on [gisdcourse@gmail.com](mailto:gisdcourse@gmail.com). The closing date for applications is 31 May 2017. Each applicant will then be invited to talk with the tutors about the appropriateness of this course.

The course is approved and sponsored by The Spirituality Network for Gloucestershire, a body in association with Gloucestershire Churches Together.

# A COMPANION'S WAY

THE GLOUCESTERSHIRE COURSE IN  
SPIRITUAL DIRECTION



**A TWO-YEAR COURSE  
STARTING IN AUTUMN 2017**

## **MIGHT THIS BE FOR YOU?**

- ❖ Do others come to share with you their hopes and fears about their Christian pilgrimage?
- ❖ Have you felt that God may be calling you to 'companion' others in this way?
- ❖ Have you considered whether training might develop your gifts?

## **WHO?**

The course is open to Christians of any denomination (clergy and lay). Those seeking a place should:

- ❖ Be someone who finds others turn naturally to them
- ❖ Be mature and stable in their Christian faith
- ❖ Have a spiritual guide (we can help you find someone suitable if necessary)
- ❖ Have a sound biblical knowledge

## **AIMS OF THE COURSE**

- ❖ To encourage giftedness and offer practical training in the skills of spiritual direction
- ❖ To develop your own spiritual life
- ❖ To broaden understanding of the history and contemporary context of the Christian tradition of prayer
- ❖ To lay a scriptural and theological foundation for the gift and practice of Spiritual Direction

## **HOW TO FIND OUT MORE**

- ❖ Contact Deborah Curram, the course administrator on [gisdcourse@gmail.com](mailto:gisdcourse@gmail.com)

## **WHEN?**

The course will start with an Introductory Day in October 2017 and will spread over two years. Each year will consist of three terms of fortnightly Wednesdays from 10.00 am to 3.00 pm. The first term will be aimed at helping people to discern whether they are called to this work.

There will also be a residential retreat weekend at the end of term 2 and a residential workshop weekend at the start of the second year.

## **WHERE?**

The Marist Centre in Nympsfield, near Stroud, Gloucestershire GL10 3TY

## **COST**

The fee for the course will be in the region of £230.00 per term. This includes the cost of the two residential weekends. Financial assistance may be available, but students are encouraged to explore potential funding from the church, group or employer who supports the application.